

To play, you must be dressed appropriately. Tennis shoes or turf soccer shoes are recommended (no soccer cleats). A size 5 soccer ball is recommended.

FootGolf Basic Rules

- Your ball must be easy to identify.
- Review the scorecard and wait for your turn. Make sure your kick will not interfere with other players.
- Kick off your ball from a position up to 2 yards behind the tee markers.
- The ball must be played in a single movement. You are not allowed to:
 - Push the ball with the top or bottom of your foot.
 - Your foot should be set separate from the ball, clearly behind, before each kick.
- Wait to play until the ball has completely come to rest. (It is not legal to stop the ball from rolling with the wind).
- Play the ball from where it lies: You are not allowed to move the ball or remove jammed objects. Exception: You may mark the spot and lift the ball when it may obstruct the other player's kick or ball in any way.
- The player farthest from the hole is the first to kick the ball.
- **Play ready FootGolf.**
- If the ball lands in a water hazard, retrieve or replace it within 2 steps from the closest land point from where the ball entered the hazard (annotated by red line), receiving a one stroke penalty. Or you can place the ball at the position of the previous kick and receive one stroke penalty.
- **All golf rules and etiquette apply.**

Local Rules

- Keep carts off all golf greens, tees, FootGolf greens and bunkers.
- Keep carts on paths as much as possible.
- Keep up with the group ahead of you and maintain an appropriate pace of play.

All FootGolf tees are identified by Orange/Black, Orange/Blue, Orange/Red tee markers.

FootGolf greens are identified by orange flags.



AT VALLEY HI
GOLF COURSE

610 Chelton Road
Colorado Springs, CO 80910

Pro Shop: 719-385-6911

Tee Times: 719-385-6917





18 HOLE COURSE



Play at your own risk when lightning is threatening.
Management advises you to stop play and seek shelter.

**NON-POTABLE WATER USED FOR IRRIGATION
DO NOT DRINK**

HOLE	1	2	3	4	5	6	7	8	9	Out	10	11	12	13	14	15	16	17	18	In	Total	
Orange/Black	187	187	100	270	110	98	119	208	212	1491	187	275	197	208	113	101	188	117	154	1540	3031	
Orange/Blue	154	140	78	200	82	79	103	133	165	1134	143	218	154	165	92	74	144	93	109	1192	2326	
Orange/Red	78	75	45	110	54	63	71	76	92	664	85	112	91	92	72	55	78	72	72	729	1393	
HANDICAP	5	9	11	7	15	13	17	3	1		8	4	6	2	14	18	12	16	10			
PAR	4	4	3	5	3	3	3	4	4	33	4	5	4	4	3	3	4	3	3	33	66	
PLAYERS										Out										In	Total	
Scorer:						Attest:										Date:						